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# Reaching Out in Spain

*by Enrique Ramos Corbacho, TMI Outreach Trainer*

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*Enrique lectures and teaches workshops on the Hemi-Sync technology, and on the experience of other states of consciousness (out-of-body experience, life beyond death, etc.), something to which he has devoted all his life. He is also a researcher in the ancient mythologies and the origin of different religions and spiritual currents. He writes articles in journals about spirituality, personal growth, art, and archeology. But his true passion is helping others to improve their lives through the use of Hemi-Sync technology.*

**The Community is Capable of Greater Achievements than the Isolated Individual**

According to General Systems Theory, the whole is always greater than the sum of its parts. That is the same as saying that the community is capable of greater achievements than the isolated individual. This is applicable to body cells, to nature, to engineering and, of course, to consciousness.

Speaking of systems, consider the concept of “breakpoint.” In the study of consciousness and the brain, some scientists consider that a brain is only capable of reaching a self-reflective consciousness when it has $10^9$ neurons or more. Using that model as an analogy, it can represent the breakpoint of consciousness. The same goes for communities. As a community grows, its self-reflective consciousness reaches a breakpoint and opens up to the possibility of achieving even greater goals.

Robert Monroe had a great desire to offer Hemi-Sync® tools and technologies to everyone who wanted them, to “get it out there,” as he said. He envisioned an ever-increasing community of consciousness explorers. That is why the Outreach Program was created, precisely to serve this purpose. Today, many Outreach Trainers are extending Hemi-Sync benefits around the world through weekend excursion programs. Although they are geographically isolated, communities of Monroe explorers are increasing, especially in Europe.

In Spain, where I am a full-time TMI Outreach trainer, this is already a fact. Each year more and more people are beneficiaries of the technologies that Robert A. Monroe left us for our consciousness evolution. After many years of observing participants in the workshops I lead, I see an increasingly growing community. There are people who attend my workshops who are being referred by former participants, family, and friends who have personally experienced individual life-changing benefits of expanded consciousness. Additionally, professionals in psychology and medicine are beginning to use the technologies as key tools to help their patients and clients.

These individual life changes, as I said, influence the system and evolve it. Here are just three recent cases, among many similar cases I encounter every year, that are clear examples of what is happening in this Outreach community in Spain (their names are omitted to preserve their privacy):

- a woman whose life changed radically after a Hemi-Sync workshop, ending in behavior shifts. Before the workshop, her personality was defined by anger, bad temper, a certain aggressiveness, and little compassion for others. Her change of perspective was so great and so radical that nobody in her environment (family, job) could believe that this had happened. Her new ability to experience gratitude and peace has produced a solid change that allows her to live with much more harmony than she had ever dreamed.

- a man with some problems entering states of deep meditation due to his continuous internal dialogue and powerful rational mind. He went through an intense experience

during a session in a workshop, which could be framed as a "spiritual emergence." He underwent a shamanic journey type of experience in which his whole being was transformed into an animal, changing his spiritual life forever.

- a woman immersed in a vicious cycle of depression, sadness, worry, and continuing health problems. After a long search for answers in the outside world, thanks to Hemi-Sync she received revelations that gave her knowledge about the origin of her misfortunes, an origin that was more within her than in her external world. Making the necessary changes, this woman began a new stage of peace and understanding in her life.

Each change experienced by the hundreds of thousands of Monroe technology users helps to draw the big picture, the community profile, and each one of them contributes to approaching the breakpoint to self-reflective consciousness, which can lead us to build a better and fairer world for humans.